

# STUDENT OUTREACH AND RESOURCE CENTER (SOAR)

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The SOAR Center <https://www.brcc.edu/student-support-services/student-support/soar/> located in Houff G164A (across from the cafeteria) helps students connect with appropriate BRCC and community resources to deal with life challenges. The SOAR center is dedicated to helping students navigate challenges so that they can continue their educational pursuits successfully.

Services include, but are not limited to:

**Single Stop** - This free, confidential screening tool takes about 15 minutes to complete. It's the first step in accessing a variety of benefit programs and support resources. The SOAR Coordinator will provide guidance to help students through the process. Click the green "Let's get started" button to begin. **TimelyCare** offers a variety of resources to BRCC students and employees, including self-care coaching videos, 24/7 TalkNow mental health support, and access to three FREE counseling sessions (additional counseling is available at reasonable rates). Register using your BRCC/VCCS credentials. **Lunch 2 Go** - In an effort to help BRCC students with nutritional needs, we offer this program for qualifying students. Meal vouchers are provided for cafeteria use on days the student attends on-campus classes. Visit the SOAR Center in G164A for more information. **Temporary Emergency Financial Assistance** - This program is available to BRCC students who meet defined eligibility requirements and demonstrate need through supporting documentation. The SOAR Coordinator assists students through the application process. **The Student Success Center** empowers students to achieve their educational and career goals, by providing tools and resources to support students to overcome barriers to success. The offices of Career Services, Student Accessibility, Student Success, and the SOAR Center are located in the Student Success Center, in Houff G164, directly across from the cafeteria. For more information, please contact the SOAR Coordinator at 540-453-0253, email

SOAR@brcc.edu or visit the office in Houff, G164A (across from the cafeteria).